Davies Campbell de Lambert

PATHOLOGY

UREA BREATH TEST C14
PY Test Kit
(FOR HELICOBACTER PYLORI)

PATIENT INFORMATION SHEET

GENERAL INFORMATION

This test is used for detecting the presence of a bacteria called Helicobacter which can cause stomach inflammation. It may also be used to check that the bacteria has been eradicated after treatment.
This test is safe to use on pregnant women and children.

1. You are to fast for a minimum 6 hours prior to the test. However, any prescription medications other than those listed below can be taken with a sip of water.
2. The following medications should **NOT** be taken prior to the test.

Exclusion Period	Type of Medication	Generic Name	Trade Names
Four Weeks	Antibiotics	All Antibiotics Except Vancomycin and Sulphonamides	Bactrim, Septrin etc.
Four Weeks		Bismuth	Denol, Helidac
14 Days	Cytoprotectives	Sucralfate	Carafate, Ulcyte, SCF
7 Days	Proton Pump Inhibitors	Lanozaprole Rabeprazole Omeprazole Esomeprazole Pantoprazole	Zoton Pariet Losec, Losec IV, Maxor Nexium Somac
During fasting and during test	Antacids		ALU-tab, Andrews TUMS, Antassa, De Wits antacid powder, Dexal, ENO, Gastrogel, Gaviscon, Gelusil, Medefoam2, Meracote, Mucaine, Mylanta, Rennie, Salvital, Sigma Liquid antacid, Titralec
During fasting and during test	H2 Antagonists	Cimetidine Ranitidine Famotidine Nizatidine	Cinetimax, Cimehaxal, SBPA-Ranitidine, Magicul, Sigmetadine, Tagamet, WL-Cimetidine Ranitdine BC Genrx Ranitdine, Rani 2, Hexal Ranitic, SBPA- Ranitidine, Ranihexal, Zantac, Ausran, Ranoxyl Amfamox, Pepcid, Pepcidine Tazac

Confirmatory tests post antibiotic treatment for Helicobacter Pylori cannot be done until a minimum of 6-8 weeks following completion of the course.

COLLECTION PROCEDURE

1. You will be required to swallow a capsule with approximately 30mls. water.
2. Three minutes later you will be required to swallow a further 30mls. water.
3. You will then wait for seven minutes, then be instructed to take a deep breath, hold for approximately 10 seconds, then blow into a balloon until it is firm.
4. This will complete your test.

Your appointment is on: **at:** **am/pm**

If you have any additional questions or require further information please contact one of our pathology collectors at the centre you attended or the Collection Co-ordinator at the Central Laboratory on 9736 7000.