

## PATIENT INFORMATION SHEET

### GENERAL INFORMATION

This test is used for detecting the presence of a bacteria called Helicobacter which can cause stomach inflammation. It may also be used to check that the bacteria has been eradicated after treatment. This test is safe to use on pregnant women and children.

1. You are to fast for a minimum 3 hours prior to the test. However, any prescription medications other than those listed below can be taken with a sip of water.
2. The following medications should **NOT** be taken prior to the test.

Exclusion Period	Type of Medication	Generic Name	Trade Names
Four Weeks	Antibiotics	All Antibiotics Except Vancomycin and Sulphonamides	Bactrim, Septrin etc.
Four Weeks		Bismuth	Denol, Helidac
14 Days	Cytoprotectives	Sucralfate	Carafate, Ulcyte, SCF
7 Days	Proton Pump Inhibitors	Lanzaprole Rabeprazole Omeprazole Esomeprazole Pantoprazole	Zoton Pariet Losec, Losec IV, Maxor Nexium Somac
During fasting and during test	Antacids		ALU-tab, Andrews TUMS, Antassa, De Wits antacid powder, Dexal, ENO, Gastrogel, Gaviscon, Gelusil, Medefoam2, Meracote, Mucaine, Mylanta, Rennie, Salvital, Sigma Liquid antacid, Titralac
During fasting and during test	H2 Antagonists	Cimetidine  Ranitidine  Famotidine Nizatidine	Cinetimax, Cimehexal, SBPA-Ranitidine, Magicul, Sigmecidine, Tagamet, WL-Cimetidine Ranitidine BC Genrx Ranitidine, Rani 2, Hexal Ranitic, SBPA- Ranitidine, Ranihexal, Zantac, Ausran, Ranoxyl Amfamox, Pepcid, Pepcidine Tazac

Confirmatory tests post antibiotic treatment for Helicobacter Pylori cannot be done until a minimum of 6-8 weeks following completion of the course.

### COLLECTION PROCEDURE

1. You will be required to gently blow into two separate white capped tubes through a straw.
2. Next you will swallow the C13-urea solution, followed by 25mls of water to rinse your mouth and swallow.
3. You will then wait 30 minutes.
4. You will again be asked to gently blow into two separate red capped tubes.
5. This will complete your test.

Your appointment is on:

at:

am/pm

collectors at the room you attended or the collection Co-ordinator at the Central Laboratory on 9736 7000.

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