

PATIENT INFORMATION SHEET

GENERAL INFORMATION

You will be given a 4 litre plastic bottle to collect and store the urine specimen. It is important that you collect all the urine passed.

WARNING

Depending on the tests requested by your doctor the collection bottles may contain a small amount of fluid. This is an acid preservative. Do not discard this before you start the collection and **DO NOT collect urine directly into the bottle.**

COLLECTION PROCEDURE

1. At the start of collection e.g. 7.00 am, or any time convenient to you, empty your bladder into the toilet and DISCARD this specimen.
2. Record the starting time at the bottom of this sheet. For the next 24 hours all further urine passed MUST be collected and transferred to the plastic bottle.
3. At exactly 24 hours after you started the collection, e.g. 7.00 am the next day, empty your bladder and ADD this sample to the plastic bottle. DO NOT discard this specimen. This completes the collection.
4. Record the stopping time and date at the bottom of this sheet.
5. **Urine should not be passed directly into the bottle**, particularly if there is preservative in the container. You should always first pass urine into a second clean container such as a well washed, rinsed and scalded ice-cream container, then transfer the urine to the bottle.
6. You should prevent faecal contamination of the urine specimens.
7. If practical, keep urine refrigerated until returned to the collection centre.
8. Return this sheet and the bottle to the closest collection centre as soon as possible.

If you have any additional questions or require further information please contact one of our pathology collectors at the room you attended or the Collection Co-ordinator at the Central Laboratory on **9736 7000**.

FOR COLLECTOR AND PATIENT USE

STARTING TIME AND DATE:

FINISHING TIME AND DATE:

FOR CREATININE CLEARANCE:
(Collectors record only)

HEIGHT:

WEIGHT: