

## PATIENT INFORMATION SHEET

### GENERAL INFORMATION

This test is usually part of your regular diabetic assessment and checks kidney function.

It is important that the urine collected for this test is secreted overnight while you are (resting).

You will be given a 4 litre plastic container to collect and store the urine specimen.

### COLLECTION PROCEDURE

1. Before going to bed, empty your bladder into the toilet and DISCARD this specimen.
2. Record this time as the starting time at the bottom of this sheet.
3. Please collect any urine passed during the night into this collection container.
4. On waking empty your bladder ADD this specimen to the plastic container. DO **NOT** DISCARD this specimen. This will complete the collection.
5. Record the finishing time at the bottom of this sheet.

### Note

1. Urine should not be passed directly into collection container. You should pass urine into a second clean container, such as a well washed, rinsed and scalded ice cream container, then transfer the urine to the container.
2. You should prevent faecal contamination of urine.

### Transport

If practical, keep urine refrigerated and return the container and this sheet to a collection centre as soon as possible.

If you have any additional questions or require further information please contact one of our pathology collectors at the room you attended or the collection Co-ordinator at the Central Laboratory on 9736 7000.

STARTING TIME AND DATE:

FINISHING TIME AND DATE: